

Tow Law Community Centre
Current Programme

Monday

10:00 - 12:00 IT Drop-in
1:00 - 3:00 IT Drop-in
1:00 - 3:00 Baby & Toddler Group
4:30 - 6:00 Solicitors surgery (Hodgson & Angus)
7:00 - 8:30 Youth Club/Primary children

Tuesday

9:30 - 11:30 Weight No More
4:30 - 5:45 Boys Club
7:15 - 9:15 Keep Fit Class

Wednesday

9:30 - 11:30 Sure Start Baby Weaning group
10:00 - 11:00 Credit Union
11:00 - 12:00 Zumba exercise class
10:00 - 12:00 IT Drop-in
1:00 - 3:00 IT Drop-in
2:00 - 3:00 Home Housing surgery (fortnightly)
5:00 - 6:00 Rainbows
6:00 - 7:15 Brownies
7:00 - 9:00 Street Dance
7:30 - 9:00 IT/Youth Club/Seniors over 11
7:30 - 9:00 C-card, adult sexual health training for working with young people

Thursdays

10:00 - 12:00 Baby & Toddler Group
1:00 - 3:00 Sure Start
6:30 - 9:30 Music Club
8:00 - 10:30 Sequence Dancing

Friday

5:00 - 7:00 Karate (starting summer holidays)

Saturday

10:30 - 12:30 Internet Café, Learn Direct
10:30 - 12:30 Karate (starting summer holidays)

Town Council

1:00 - 4:30 Monday - Friday