

Tow Law Community Centre contact number 01388 731444



Tow Law AFC
Juniors Durham County
Charter
Standard club of
the year award
winners 2012



The club will be offering free football taster sessions with the aim of forming teams for all age groups. If you are interested please contact the community centre or the football club or by email: tlacfjuniours@yahoo.co.uk

Giving your name, age and school year group If you are under 16 you will need to be accompanied by a parent or carer

Tow Law Community Association development day on August 18th from 10am—1pm at the Community Centre

If you are interested in contributing to discussions around:

What we are doing now?
What we would like to do?
How to get there in a sustainable way?

You are welcome to come along.

This day is to be supported by the Rural Development Council

There is a **full programme of activities** for Children, young people and families throughout August including trips arranged by Christine Emerson sponsored by the Tow Law Town Council. The trips are to South Shields, Sunderland, Hartlepool and Seaton Carew—please see posters in the Mrs Greens Newsagents.

Tow Law Community Centre will be closed for two weeks beginning July 22nd July it will Open again week commencing 6th August.

Credit Union and evening youth sessions will be taking a break until September.

Flis Chesters, Family Support Worker
Tow Law

Dear Parents,

As the Family Support Worker I have been awarded funding to run some activities over the summer holidays.

I have arranged two trips to Newcastle and priority will be given to families/children I have had involvement with and then limited places will be available for families with primary school children in the town.

The activities are:

Thursday 16th August – Hancock Museum and Exhibition Park Newcastle

Thursday 30th August – Life Centre Newcastle

Both trips are provided with a bus for the total price of £3 per family payable on booking a place.

Cookery at the Community Centre £1 per child (over 2yrs)

Come along and help us make a meal and do crafts

Tuesday 14th August – 10am Wednesday 29th August – 10am

CHILDREN TO BE ACCOMPANIED BY AN ADULT ON ALL OCCASIONS

For more information and booking (essential) please ring me on 07770872483 and leave a message

For full August activities see other side

Tow Law Community Centre Summer Holidays Programme August 2012

Bank Holiday		27	TLTC Family Trips Hartlepool and Seaton Carew 10am - 5pm		20	ily Trips land 4pm veryone		Drama with Shelley 10am - 2pm	13		Du gc		6	Wonday
Mural Painting 10am – 2pm at the Community Centre All ages welcome – under 8 accompanied by adults		28		Mural Painting 10am – 2pm	21	healthier Duke of Edinburgh Redballing 10 – 3pm	Family Cooking with Flis Chesters Making Fast food	10am – 2pm	14	10 – 3pm	Duke of Edinburgh gorge scrambling	•	7	luesday
	Family Cooking with Flis Chesters Making Picnics Art and craft activities	29	Wear Com 10:00 4:00 each da	Sure Start Trip To South Shields	22	Bumps to Babes 9:30 – 11:30	Sura Start	Mural Painting 10am welcome –	15		Bumps to Babes 9:30 – 11:30	Sure Start	00	Wednesday
	Family Trip to the Life Centre with Flis Chesters	30	Wear Community Digital stories workshops 10:00 4:00 each day at Community Centre – All ages welcome		23	Family Trip to Hancock Museum and Exhibition Park with Flis Chesters	Sure Start 1:30 -3:00 Activities Aftermoon	15 Mural Painting 10am – 2pm at the Community Centre All ages welcome – under 8 accompanied by adults	16	Sure Start 1:30-3:00 Activities Aftermoon	South Shields 10am - 5pm £2:50 for everyone	TLTC Family Trips	9	Inursday
Wear Valley Family Play Day	Karate 5 – 8pm £1 All Welcome	31	rkshops All ages welcome	Karate 5 – 8pm £1 All Welcome	24		Karate 5 – 8pm £1 All Welcome	ity Centre All ages by adults	17	Karate 5 – 8pm £1 All Welcome	Zorbs / night line 10 – 3pm	Duke of Edinburgh	10	Friday
Karate 10am – 12 £1 All Welcome		_	All Welcome	Karate 10am – 12 £1	25	All Welcome	Karate 10am – 12		18	All Welcome	Karate 10am – 12 £1		44	Saturday