

## Tow Law Community Centre contact number 01388 731444

Last summer Tow Law became part of a two year pilot project aimed at reducing alcohol harm called '**Wear Community**' along with Crook, Howden Le Wear and Sunnybrow.

Baroness Newlove has started this initiative to see, if given the chance, what communities can do to make improvements around alcohol issues. Baroness Newlove is keen that communities feel they can identify their own problems and more importantly have their say in prioritising ways to tackle these local issues.

From the budget allocated, 40% is to be spent on participation from within the community. Funding for participation and its outcomes will increase next year. We are seeking ideas from our local community on how we can begin reducing alcohol harm and invite everyone to be part of the pilot.

If you would like to put forward any ideas or positive alternatives for the reduction of alcohol harm i.e. **Things to do and Places to go**, **Training Events, Action Groups** or something completely different!



Ideas or positive alternatives can be submitted in writing at Community Centre and the Post Office in the **WEAR COMMUNITY** comments boxes.

## **To find out more** about this project go to **www.wearcommunity.org** Ideas will be voted on the 21-22/ February 2013 during the Half Term Activities organised through the Community Centre or by visiting **www.wearcommunity.org** Closing date for making your suggestions and voting is 21 February 2013.

## Wear Community -Alcohol Fund Residents Survey

How frequently do you see young people drinking alcohol in and around your local area?

Answer Options	Response Percent	Response Count
Every day	11.4%	43
Every few days	19.8%	75
Every week	27.2%	103
Less than once a month	10.3%	39
About once a month	6.1%	23
Rarely	13.5%	51
Never	11.6%	44
answered question 378		
skipped question		

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Come and help us celebrate in Tow Law Millennium School on Wednesday 20<sup>th</sup> February And Tow Law Community Centre on 21st 10am till 2 ish. Activities include: Storytelling Stir fries & Fortune cookies Quizzes, Arts & Crafts Admission £1 (under 2s free) No child without an adult For tickets (limited) contact Flis Chesters on 0770872483 And Jenny Mountain on01388 731444

2:00 - 8:30 Saturday Night 'Drop In' Break Dancing Duxoa Dancing Suixoa Lhai Boxing Break Dancing 13 -19 VI dold, Holon Night ,Drop In' ages 13 -19



## 'What's on' at Tow Law Community Centre Spring 2013

Monday		
I.T.	10:00 - 12:00	
Help to Quit Smoking	10:00 - 12:00	
Weight No More with Crèche	10:15 - 11:15	
Zumba with Crèche	11:15– 12:15	
Hodgson and Angus Solicitor	4:30 - 6:00	
Junior Foot Ball	4:30 - 5:30	
Duke of Edinburgh	5:30 - 6:30	
Monday Youth Project Night	6:30 - 8:00 Ages - 8 -11 Primary School Age	
Thai Boxing	8:15 – 9:45	
Tuesday		
Centre Open Office hours	10:00 - 3:00	
Parents and Early Years Group	11:30 - 1;30	
Credit Union	11:00 - 12:00	
Karate	5:00 - 6:00 Starting March 4th	
Junior Football with Darren Whitfield	5:00 - 6:00 All weather pitch - when it warms up	
Beavers	6:00 - 7:00	
Art Awards	7;00 - 8:30	
Keep Fit	7:30 - 9:00	
Wednesday		
I.T.	10:00 -12:00	
Home Housing	3:30 - 4:30 Alternate weeks	
Rainbows	4:45 – 5:45	
Brownies	5:45 - 7:00	
Wednesday Youth Project Night	7:30 – 9:00 Ages 11 -19	
C Card	7:30 – 9:00 Starting March 4th	
Thursday		
B2B Group Sure Start	9:30 -11:30	
Sure Start Activity Afternoon	1:00 - 3:00	
Town Clerk Office Hours	1:00 - 4:00	
Ballet	3:45 - 4:30 & 4:30 - 5:30	
Zumba	5:30	
Sequence Dance	8:00 - 10:00 All welcome	
Music	6:30 - 9:30	
Friday		
Junior Thai Boxing	5:00 - 6;30	
Thai Boxing	7:00 - 8:30	
Saturday		
I.T.	10:30 - 12:30 All Welcome	
Thai Boxing	10:30 - 12:30	
Art	10:30 - 12:30	
Football Coaching	11:00 - 1:00 Tow Law Football Club	
Junior Break Dancing	5:30 - 6:30	
Saturday Night 'Drop In'	7:00 - 8:30 ages 13 -19	