

## Tow Law Community Centre contact number 01388 731444

# TABLE TOP SALE SATURDAY 9<sup>th</sup> JULY 11-1

Following our last very successful Table Top we are holding a second. Tables are £5.00
To book ring The Community Centre on 01388 731444

email towlawca@hotmail.co.uk

#### **Learn Direct comes to the Centre**

### OPEN MORNING SATURDAY July 9th 11am unit 1pm

The centre in partnership with Kaplan College is now able to offer LearnDirect courses from the centre. Jason Miller and Alan Anderson will be available to support the courses and will be able to enrol people from the centre. Courses on offer will be basic skills, computer qualifications and others.

Participants must be over 19 and all courses are free. Come along to the open morning to find out more.

#### **Are you interested in Flower Arranging?**

We are looking for people that would be interested in doing a flower arranging course. Please contact Jenny Mountain at the Community Centre

#### **Healthy Easting Courses**

The healthy eating courses are for 3 weeks duration, 1 ½ hours per session.

Please could the sessions for the continuation of the Weight No More group be on 13<sup>th</sup>/20<sup>th</sup>/27<sup>th</sup> September from 10.30 a.m. until 12.00 p.m. and for the youth club 14<sup>th</sup>/21<sup>st</sup>/28<sup>th</sup> September from 7.30 p.m. until 9.00 p.m.

Trials for Tow Law AFC Juniors
A new junior football team is being set
up for Tow Law and the Hilltop
villages. Anyone wishing to take part
needs to fill in a form and attend a trial
at Tow Law Football Club Ironworks
Road Ground.

Trial dates
Saturday 9<sup>th</sup> July 12.00-1.30
Saturday 23<sup>rd</sup> July 12.00- 1.30

All applicants <u>must</u> be under 13 on 1<sup>st</sup> September 2011

Application forms available from the Football Club, Community Centre and by email at: <a href="mailto:tlafcjuniors@yahoo.co.uk">tlafcjuniors@yahoo.co.uk</a>. Training and matches will be on Saturdays only.

# WEDNESDAY MORNING COFFEE MORNINGS

10.00 every Wednesday.

Call in for a chat, join the credit union see what is on offer at your centre.

www.blessedjohnduckett.durham.sch.uk

**Blessed John Duckett Early Years Unit** 

Smith Street, Tow Law, Co Durham, DL13 4AU Telephone/Fax: 01388 731082 Email: blessedjohnduckett@durhamlearning.net

- \* Qualified, experienced and dedicated teaching staff
- \* 26 place Nursery for 3 to 4 year olds
- \* 15 hrs provision available
- \* Our Nursery Curriculum is based on the Early Years Foundation Stage [EYFS]

# All enquiries welcome

Please contact us on 01388 731082 for more information or to arrange a visit

# Tow Law SUMMER

	Monday	Tuesday	
Week 1 Jul 25 - 29	Night 7:00 - 8:30pm Under 11's Drop-in	It's up to you trips All monies and	Star 1-4p £1:0
Week 2 Aug 1 - 5	Family Trip Chester le street Park 10:00 a.m. 3:00 p.m.  Night 7:00 - 8:30pm Under 11's Drop-in	booking for these trips MUST be in by July 18th if you want to go, see Christine Emerson or Jenny Mountain	Sui Un
Week 3 Aug 8 - 12	It's up to you trip Fishing 9am - 3:00pm PL £4.00  Continue Cooking and Art with Flis Chesters and Jenny Mountain 10am—2pm		
Week 4 Aug 15 - 19	Continue Cooking and Art with Flis Chesters and Jenny Mountain 10am—2pm	It's up to you trip Mountain Biking at Hamsterly 9am—1:30pm £6.00 Ages 11—19	Fam Sun and £1:0
Week 5 Aug 22 - 26	It's up to you trip Fishing 9am - 3:00pm PL £4.00  Tow Law Family Funday 11:00 am 3:00p.m.	It's up to you trip 10 pin Bowling Teesside Park 10am—2:30pm PL £6.00 Ages 11—19	Fam Sou 10:0
Week 6 Aug 29 - Sep 2	Bank Holiday Monday	It's up to you trip Beamish 12pm—4pm PL £6 Ages 11—19	Wet 10:0 £1:0

# PROGRAMME 2011

Wednesday	Thursday	Friday
hope Open Pool  Might 7:30 - 9:00pm Youth over 12's Drop  e Start Parents Group der 11's Disco Night 7:30 - 9:00pm Youth over 12's Drop-in  k Swimming Baths p.m.—3:30 p.m.  pto you trip Carts—Durham 0 - 4:30pm	Family Trips  Tickets are available at Greens Newsagent ONLY and are on a first come first served basis ONLY.  It's up to you trip 10 pin Bowling Teesside Park 10am—2:30pm PL £6.00 Ages 11—19	Family Trip At Peases West with Shuttle Bus Service to & from Tow Law Community Centre from 10:30. Adult £1, Child £2, Family ticket £5. All Activities Free. Run by AAP, 2D and partnership communities  It's up to you trip Forbidden corner—Tupgil Park 10am—5pm PL £6.00 Ages 11—19
6.00  ily Trip derland Winter Gardens Mowbray Park 10-4 0-4:00	It's up to you trip Taster day TCR Barnard Castle 10:am—3PM £6.00 Ages 11—19	Sure Start Activities 1- 2:30  It's up to you trip Wet n Wild 11am—4pm PL £6.00 Ages 11—19  Sure Start Activities 1- 2:30
ily Trip th Shields £1:00 0- 5:00	It's up to you trip Ice Skating—Whitley Bay 12:30—5:30pm PL £6.00 Ages 11—19	It's up to you trip Flamingo Land 8am—6:30pm PL £12.00 Ages 11—19
n Wild 0 4:00 p.m. 0	It's up to you trip Go Karts—Durham 1pm—5pm PL £6.00 Ages 11—19	Sure Start Activities 1- 2:30  It's up to you trip Beamish Wild 9am—4pm PL £6.00 Ages 11—19  Sure Start Activities 1- 2:30

# **GOODBYE TO MAVIS**

Mavis Orton retired as caretaker at the Centre on 30<sup>th</sup> June. She has been involved with the centre for over 27 years. First joining the committee to raise funds for the new centre and eventually becoming caretaker when Margaret Plumb retired over 10 years ago. Her contribution to the centre over those years has been invaluable both as volunteer and worker and has been much appreciated by the committee. Thank you Mavis and have an enjoyable retirement but don't forget to come back and help!

Carol Hurton our other worker takes over as caretaker and we thank her for continuing.

# Tow Law Family Funday 11:00 am 3:00p.m.

at the Centre with Tow Law Community Association Continue Cooking, Sure Start, Hands on Health with a fun packed day of activities such as mask making face painting bouncy castles, puppet shows and much, much more.

Monday 22nd August 11am-3pm

### **Continue Cooking**

Family cooking day with additional Arts and Crafts activities on Monday 8th and 15th of August

Phone Flis on 01388 730283

The 'It's Up to You Trips' are organised for Young people ages 11-19 by the Area Action Partnership for Crook Willington and Tow Law and 'The positive activities for Young People's Team' supported in partnership with West Durham youth by our Tow Law youth project staff and volunteers. All monies and booking for these trips MUST be in by July 18th if you want to go, see Christine Emerson or Jenny Mountain.

Town Council and organised run by the Tow Law Community Association volunteers and staff (coordinated by Christine). When the trips are to open sites such as Chester le Street we require family's to be responsible for their own children. Special arrangements can be made for Children over 8 who cannot be accompanied by an Adult to a strict worker child ratio. Please discuss this with Christine and Jenny at the Centre. Tickets are only available at Greens Newsagents on a first come first serve basis.

### Tow Law Youth Project Weekly Activity Time Table - From September 7th 2011

Monday	5:30 6:30	Football (under 13)
	6:60 - 8:00	Drumming
	7:00 – 8:30	Drop In: Under 11's Primary School Age - Pool / Badminton /Table Tennis/ I.T. Art/ Karaoke
Tuesday	4:30 – 5:45	Boys Club Film Making I.T. Cooking, Street Dance
Wednesday	5:00 - 6:00	Rainbows
	6:00 - 7:15	Brownies
	7:30 - 9:00	Drop In: Over 11's Secondary School Age - Street Dance/DJ'ing/ I.T. Art/Sport/Cooking/ Badminton C-Card
Thursday	6:00 - 8:30	Music
Saturday Morning	10:30 - 12:30	Internet Café

Most activities are £1 however some may be free please contact the community centre