

Tow Law Community Centre contact number 01388 731444

Tow Law

Celebrations Programme 2012

23rd May Wednesday

Blessed John Duckett

Have a visiting theatre 'group' performing a play called 'Jubilee' to the whole school.

26th May Saturday Midday Football Club

Steve Howard will be opening the Football Club's refurbishments and taking charge of Tow Law Junior Football team for the Presidents Trophy game

1st June Friday

Blessed John Duckett

A traditional Garden Fete, with afternoon teas in school to celebrate the Queens Jubilee.

Everybody Welcome!

9th June Saturday

Tow Law Community Centre

Jubilee Dance with 40/50 s Dress and Big Band Sounds and Music Sets from Brian Elliot on Drums, Jill Hall Keyboard, Christine Milburn Singer asking BYO– **Tickets £6.00**

13th June Wednesday

Schools Family and Community Sports Day

Tow Law Football Club

Blessed John Duckett / Tow Law Millennium / Peases West Primary Schools With refreshments and picnic lunch.

14thJuneTow Law Millennium School Queens Jubilee Party From 1:00 p.m.

Everybody Welcome!

16th June Saturday 1:30 - 4:30 Community Centre Fun Day

Bouncy Castles, Face Painting, Community Stalls, Cream Teas, Raffle, Tombola, Karate Demonstrations Olympic Film, Magic Show, charity auction and after the Torch Procession Music / Groups and Open Mike. Volunteers and raffle prizes needed. Some tables available for sellers £5

Football Club The Football Club is planning a Music Festival for everyone to enjoy in September

THE TOW LAW YOUTH PROJECT

Starting Mondays at 4:30 with survival presentations **The Duke of Edinburgh Award** is a real adventure from beginning to end. It doesn't matter who you are or where you're from. You just need to be aged between 14 and 24 and realise there's more to life than sitting on a sofa watching life pass you by. You achieve your Award by completing a personal programme of activities in <u>four sections</u> (five if you're going for Gold) - Volunteering, Physical, Skills, Expedition and for Gold, a Residential. You'll find yourself helping people or the community, getting fitter, developing skills, going on an expedition and taking part in a residential activity (Gold only).

Steve Howard

Former Tow Law Town FC forward Steve Howard will be coming back to the town, to receive honours at the club, he will become the honorary president at the club Steve will also have the clubs social bar named after Steve will then turn his hand to him. management taking charge of the towns new under 13s junior football team in a game v Lumley FC in the presidents fair play cup on the afternoon.. Steve career so far has been nothing short of exceptional and he is one of the sports true professionals. lets all get behind the club and show our support. The event will take place at the towns Football club on Saturday 26th May 2012 from midday

Steve Howards Career so far

Current club	Leicester City	Number 9			
Youth career	•				
1994 to 1995	Tow Law Town				
Senior career*					
Years	Team	Apps(Gls)			
1995 to 1999	Hartlepool United	142 (27)			
1999 to 2001	Northampton Town	86 (18)			
2001 to 2006	Luton Town	212 (96)			
2006 to 2008	Derby County	63 (17)			
2008 at	Leicester City (loan)	1 (0)			
2008 to	Leicester City	146 (28)			

Tow Law	Youth Pro	ject Weekly Activity Term Time	e Table
Monday	5:00 - 6:00	Duke of Edinburgh (Ages 14 – 19)	£1.00
	7:00 - 8:30	Monday Youth Club Drop In Night(Ages 8 – 11)	£1.00
		Activities: Pool / Badminton /Table Tennis/ I.T. / Drumming Art/ Karaoke	
Tuesday	5:00 - 6:00	Beavers (Ages 6-8) Starting after Half Term	£1.00
Wednesday	5:00 - 6:00	Rainbows (Ages 6-8)	
	6:00 - 7:15	<u>Brownies (</u> Ages 9 - 11)	
	7:30 - 9:00	<u>Wednesday Youth Project Night (</u> Ages 12 – 19) Activities: Street Dance/DJ'ing/ I.T./ Art/Sport/	£1.00
		Tuck Shop & Chill out zone Starting back 13/05/12 subject to negotiation	
Thursday	3:45 - 4:30	<u>Ballet(</u> 3 −5)	£3.50
	4:30 - 5:30	<u>Ballet</u> (6- 9)	£3:50
	5:30 - 6:30	Zumba(All Ages)	
	6:30 - 9:30	<u>Music</u> (All ages)	
Friday	5:00 - 8:00	<u>Karate</u> (All ages)	£1.00
Saturday	10:00 -12:00	Karate (All ages)	£1.00
	10:30 - 12:30	Internet Café	£2:00
	11:00 - 1:00	Football - Tow Law AFC Juniors	
		Tow Law Football Club Under 13's	
10	w Law Comn	nunity Association Weekly Time Table	
Monday	10:00 - 12:00	I.T. Group	£1.00
	1:00 - 3:00	Parents and Toddlers	£1.00
	4:30 6:00	Solicitor	
Tuesday	9:30—10:30	Sure Start Parents Group	
	10:30	Sure Start Zumba Everybody welcome	
Wednesday	9:30 - 11:30	Bumps to Babes	
	10:00 - 12:00	I.T. Group	£1.00
	11:15 –12.00	Zumba Gold	£3:50
Thursday	5:30 - 6:30	Zumba	£4:00
	7:00 9:00	WEA Exploring Art and Craft £20.00 for 5 Weeks	
	8:00 –10: 00	Sequence Dance	
Friday	8:00 –10: 00 5:00 - 8:00	Sequence Dance Karate All ages	£1.00
Friday Saturday		-	£1.00 £1.00 £2.00

New Courses and Activities

Starting Now

Pauline Cook School of Dance **Zumba Gold Wednesday's 11.15-12.00** A more gentle form of Zumba fitness for the slightly older person

Classical Ballet Tuition (registered with the Royal Academy) Thursday's 3.45 For girls and boys aged from 3+ Yrs 3:45 - 4:30p.m. (3-5 yrs) £3:50 from 4:30 p.m.6 - 9 yrs) £4:00

Zumba All ages Thursday 5-6 Introduction to Art Thursday at 7:00 – 9p.m. Come along and see

WEA Introduction to Art

Thursday at 7:00 – 9p.m.

All welcome form complete beginners to the more experienced Artist.

Tow Law Millennium Toddlers

Tow Law Millennium Toddlers meet on Wednesday and Fridays @ 9am -11am Tow Law Millennium Toddlers meet in the Community Room Tow Law Millennium Primary School which was the former Yellow Wellies Baby Room

Cost £1 per session plus snack With free tea or coffee for Parents/Carer

Starting After Half Term

Beavers Tuesday's at 5.00 – 6p.m. For children aged (6-8 yrs)

WEA Classes Learn with the WEA. Part time Courses for all kinds of people.

Introduction to Textiles

Thursday at 7.00 – 9.0 p.m. With Proddy Matting, Batik, Rag Rug, paper making

Classes are £25 for a block 5 Weekly Sessions

We can run 2 more adult WEA Classes per week In any subject there was enough interest for i.e. Art and Design, Archaeology, Singing, IT and Computing, Literature and Languages, Philosophy, Science, Drama, Histories, Horticulture, Reading and Writing, Creative Writing, Health Studies, Study Skills. WEA ideally ask for 12 learners per session

There may be Free Waivers for people for people on income related benefits.

For any interest or queries please phone Jenny on 01388 731444

Quit Smoking

sessions are continuing on a Monday morning 10.00—12.00. Drop in for a chat and a cuppa and meet our friendly NHS staff

Alan Anderson is leaving us after working with us for 10 years. It is not altogether goodbye as Alan will be coming in a voluntary capacity to meet with his groups . We would however like to take this opportunity to thank Alan for his sterling work over the years .

The IT group will continue to meet on Monday and Wednesday mornings, from 10.00—12.00. Any newcomers will be welcome but will only receive professional support once a month, usually on the first Monday of the month due to Alan's redundancy.

The first session of support will actually be Monday June 18th due to other commitments, any changes to the supported session time will be posted on the front door of the Community Centre or in the Tattler.

NVQ Courses Available work placements If you would like to gain accreditation for the wo there are courses availa Business Administration Children and Young Peop Playwork Team Leading Management Customer Service Cleaning and Environmer	some training rk you all read ible in ble Workforce	g and	between 3 At Tow Lav May 30th June 13th July 11th a If you prefe	y will take place PM and 4PM w Community Cen and 27th and 25th er a home visit cal appointment	home	
Health and Social Care IT Application Specialist Retail Warehousing and Storage IT, Software, Web and Te Contact Centre Operation Sales and Telesales AQA (A1 Assessors Awar IQA (Internal Verifier Awa There many options in w out these courses, and th - level 5. Contact the Community C	e elecoms Profess rd) ird) hich people car ey range from I centre and ask f	n carry evel 1	Football Te the sports A group of them selve team in th Ryan Redr manage ar else to join Darren Wh Tow Law J support to league ma We will hel	eam practice on a centre. young people haves to practice and e Wednesday You nan is willing to st nd coach the team him. itfield and Howard uniors Football Cl the under 15's to tches and addition p with necessary	ep forwards to help if there is someone ds Carey who Coach ub would extend thei become involved in nal Saturday coaching CRB checks and	ir
interview with Anne-Marie Curtiss Durham County Credit Union @ Tow Law Community Centre on Wednes- day's 3:30pm to 4.30pm Your Community Bank Bringing convenient and affordable financial services to you Flexible and Convenient Safe and Secure Savings Christmas Club Your own Paypoint Card Dividend on Savings Free Life Assurance Young Saver Accounts Low Interest Rates on Loans Take a look at this comparison of repayments on a £300 loan repaid over 52 weeks		training requirements for any one wishing to do Olympic Film Tow Law Youth project are making an Olympic Film so don't be surprised if you are stopped and asked a few questions like 'What does the Olympic torch, coming to Tow Law mean to you ? or 'How will you be celebrating the Olympics' We would also like photos and clips of life as you know and enjoy living in Tow Law. The sorts of ac- tivities people do today. Such as belonging to groups and societies , walking, biking, motor cross, football; looking after horses walking dogs , going to church, the allotment or the gym. In short we are trying to make a real cross sectioned feel of Tow Law which most people don't get chance to see . Please bring your photos and videos into Jason before Monday the 11th June.				
	APR		/eekly avments	Total Interest	Total to Repay	1

	APR	Weekly Repayments	Total Interest	Total to Repay
Durham County Credit Union	12.68%	£6.15	£19.80	£319.80
Typical Doorstep Lender	272.5%	£10.50	£246.00	£546.00
loini	ing is osev – why	not come along t	o our collection r	oint

Joining is easy – why not come along to our collection point

TOW LAW COMMUNITY CENTRE Open every Wednesday 3:30pm to 4:30pm